



**Monday**  
**December 16, 2024**

# Heritage Woods Secondary

“WE ARE KODIAKS”



# Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
<b>LUNCH</b>	<b>12:13 – 12:53</b>
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

# **FLEX**pectations

**FLEX is instructional time, not a break!**



- **Go to one of your four classes**
- **No cell phone use**
- **Only Grade 12S in the Grand Hall**
- **Library is for quiet work only**
- **Where you start is where you finish,  
no moving from class to class**

No homework?  
Read, Study, Review

On the last week of school, Student Council presents

# Spirit Week!

**Important! Candy Canes will be handed out all week if you are dressed in spirit.**



## Monday

**Holiday hat/headgear day!** Wear festive hats (Could include Santa hats, reindeer antlers, Etc.

## Tuesday

**Holiday inspired duos day!** Partner with one of your friends and assemble the ultimate festive duo costume.

## Wednesday

**Winter Wonderland themed.** Dress in white and blue colours! Channel your inner Elsa from Frozen!



## Thursday

**Pajama Day!** Wear your comfiest pair of pajamas. **On this day, we will also be handing out hot chocolate to those dressed in theme!** come prepared!



## Friday

**Festive Friday!** Go all out on this day, from ugly sweaters to even just festive holiday colours. Let your creativity flow.



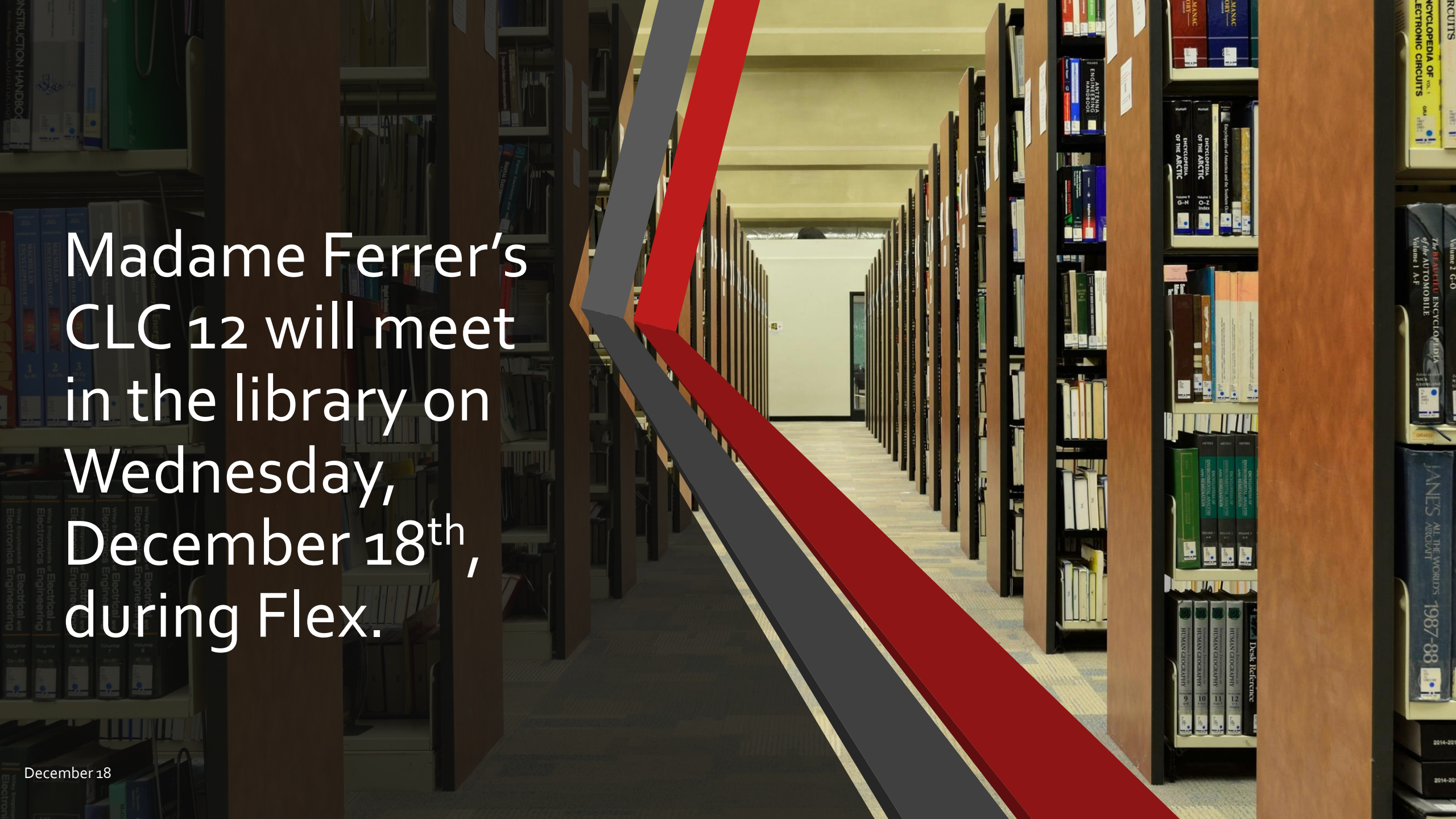
**THERE WILL ALSO BE A PHOTO BOOTH IN THE GRAND HALL!**



# HWSS Holiday Variety Show!

Share the holiday spirit with performance, games, and more

**December 19th @ 12:15**  
**Theatre**



Madame Ferrer's  
CLC 12 will meet  
in the library on  
Wednesday,  
December 18<sup>th</sup>,  
during Flex.

December 18

# *Inclusion Support Team Winter Market*

**Last minute Christmas shopping? Come to room 134!**

- BRACELETS
- KEYCHAINS
- DOG TREATS
- CARDS
- PENS
- WOODEN CHRISTMAS SIGNS

**We will also have a table December 17 & 18 at lunch. Card and Cash accepted.**

**All Proceeds go to B.C. Children's Hospital.**



# Greater Vancouver Food Bank is looking for volunteers

**Date:** December 17<sup>th</sup>, 20<sup>th</sup>

**Location:** 8345 Winston St.

**Attire:** You will be provided with a KWAP hoodie, but you can bring your own if you have one.

**Job(s):** Sorting produce and foods

**Volunteers need to be at least 16 years old.**

This is a first come first serve basis with limited spots. Volunteers can sign up through the excel sheet attached below. Please make sure to fill out the form in the link below.

<https://content.betterimpact.com/files/agency/27461/Volunteer%20Consent%20form%20Under%2018%202021.pdf>

## **COMPLIMENTS FOR CHRISTMAS!**

Drop by Room 314 to write a nice  
compliment about somebody else.

Santa's elves will deliver the  
compliments before  
Winter Break.

**Dec. 3 – Dec. 17**  
**Room 314**

You don't want to miss this! It will  
be awesome...and it is  
complimentary ('free')



# Athletics Scorekeeping

- If any students are interested in earning volunteer hours and would like to be apart of Athletics and scorekeeper basketball this season , please attend a Meeting in the Weight Room at Flex on Monday December 16 and a lunch time tutorial on Monday December 16th.
- Looking for any students who have or have not taken Athletic Leadership.

Please see Ms. Rampuri if you are interested and cannot attend.



# ***KWAP WINTER CLOTHING DRIVE***

***What We  
Need***

Winter  
Clothing of  
All Sizes

Nov 18th -  
Dec 15th

Drop Off in  
Front of the  
Theatre



# HWSS Food Drive

Donate any Non-perishable Food Items  
to your Block 3 class from Dec 2-17. The  
class with the most items by the 17th  
will win a pizza lunch!

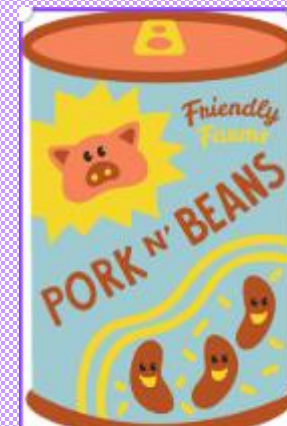
Additional Food Items  
may be donated on  
Friday, December 20th in  
front of the theatre!



# HWSS ONLINE FOOD DRIVE

Click the link to make your donation:

<https://bcvfd.foodbank.bc.ca/fundraiser/heritage>



# Imagine This

We have TWO upcoming workshops in the new year for kids 6 - 18 years!

Jan 18 - Feb 8, 2025 and Feb 15 - Mar 8, 2025

Classes are Saturdays 1pm - 4pm at PoMo Arts

Imagine This keeps class sizes small, creating a supportive environment for children to grow and shine.

Each workshop is one-of-a-kind, perfect for trying something new or polishing talents.

INFO & REGISTRATION

[www.ImagineThisPresents.com](http://www.ImagineThisPresents.com)



**KIDS**



**PoMo Arts**  
2425 St. Johns St  
Port Moody, BC

**MUSICAL  
THEATRE**

4-week terms  
**\$220**

**CLASSES**



Learn how to  
**SING  
DANCE  
ACT**

Registration is  
**NOW OPEN**

[www.ImagineThisPresents.com](http://www.ImagineThisPresents.com)

(672) 336-5694

# STUDENT ART COUNCIL



A Collaboration between the city of  
Coquitlam and SD43

## Why Join?

- Help create a mural for the city of Coquitlam
- Gain volunteer hours and experience
- Represent your school
- Interact with local professionals and fellow art enthusiasts



Scan Now and join!

## Math Contest #3

- When: Tuesday, December 17<sup>th</sup>
- Where: After school in RM 232
- What: 6 questions in 30 min
- Why: EARN BONUS % for your math courses and it's fun
- Who? Open and free to all students

HWSS MUSIC DEPARTMENT

# Christmas Social

Attention Music Students!

You are invited to the Christmas Social!

December 16 | 4pm - 6pm

See the bulletin board outside the Music Room for more details



## Winter Recreation for Youth

Programs begin the week of January 13

Badminton	Parkour	For youth in grades 6-12
Pickleball	Pomo Chefs	
Standard First Aid & CPR-C/AED	Volleyball	
	Yoga	

**Full-Day Camps** - Holiday Camp  
- Epic Youth Spring Break Camp

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register.

For youth  
ages 11-15  
years



## Holiday Camp for Youth



Monday, Tuesday and Friday, Dec 23-27

Mon, Tues, Thurs and Fri, Dec 30-Jan 3

9am-3pm Recreation Complex

Activities may include:

Bowling	Extreme Air Park	Laser Tag
Ice Skating	Sports	Swimming

Visit [portmoody.ca/signmeup](https://portmoody.ca/signmeup) to register NOW!

# YOUTH LOUNGE & DROP-IN GYM SCHEDULE

A DROP-IN SPACE FOR  
GRADES 6-12

RECREATION COMPLEX



SOCIAL  
SPACE



WII AND  
XBOX ONE



POOL  
TABLE



GAMES AND  
EVENTS

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	5-8pm Drop-in Youth Lounge (Free)	6-10pm Drop-in Youth Lounge (Free)	5-9pm Drop-in Youth Lounge (Free)
	6-7:45pm Drop-in Gym (\$2.25)	6-7:45pm Drop-in Gym (\$2.25)	6-10pm Drop-in Gym (\$2.25)	5-9pm Drop-in Gym (\$2.25)
			6-9pm Drop-in Breakdancing 16+ Aerobics Studio (\$2.25)	

@pomoyouth  
portmoody.ca/youth

PORT MOODY  
CITY OF THE ARTS

# CLUBS





# *Winter Bingo*

With Kodiak Pride Club!

**TUESDAY DECEMBER 17 AT LUNCH  
ROOM 216A**

Hey Heritage Woods!

# VIRTUAL GUEST SPEAKER EVENT

With Dr. David Bond

Research Operations Leader

BC Cancer's Deeley Research Centre

**When:** Friday, December 13th

**Time:** 12:15 – 12:55

**Where:** Library

**Format:** Teams Meeting

**Sign-up to:**

- Learn about latest cancer research
- Chat about medical careers
- Opportunities at BC Cancer
- Ask questions
- Get inspired

**If any Questions:**

E-mail: [127-AHESHMATI@sd43.bc.ca](mailto:127-AHESHMATI@sd43.bc.ca)



Dec 13

Cancer Research Club

# PAWSCRUNCH CLOTHING DONATIONS

UPCYCLING FOR SUSTAINABLE STYLES & A BRIGHTER TOMORROW 🌱

We need **YOUR** help!



**Any garment!**

**Nov 29th– Dec 18th**

**Drop off in room 301**

**We sell scrunchies & pet bandanas...!**

**We are a business:**

- Built on sustainability
- Donates to charity
- Recycles your donations



**Want to know more?**  
**Scan the QR code**

Marketing 11 Ecommerce 12

# Christmas Sale

## 2024

# ***BLACKCAT BRACELETS***

*Find us Dec 17th-18th, lunch in the grand hall*



## ***5\$ Bracelets:***

Wire, bead and glass

Many colors and styles

Quality accessories - years of experience

## ***\$10 Necklaces:***

\$25 for 3

Quality materials

Many styles

***Lucky Draw at \$5 spent***

***Cat stickers for only \$1!***

***Donating 10% of profit to  
Bikes without Borders***

**BURR BOX**

WIN A \$10 GIFT CARD WITH  
YOUR PURCHASE OF A BOX WITH  
GOODS!

CHRISTMAS SALE ON DECEMBER 17-18  
@ LUNCH IN THE GRAND HALL

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# JACKPOT


**LIMITED EDITION STREETWEAR BRAND  
DEC 17-18**

**GRAND HALL AT LUNCH  
COME BEFORE IT'S TOO LATE!**

**GET A CHANCE TO WIN A VASHTI ROSE ICECREAM SCOOP  
BY WEARING JACKPOT AND TAGGING @I\_AM\_JACKPOT ON  
INSTAGRAM**



# Pet Gift Bags

 @k9krates

Tasty Sweet Treats for your Pet

Eco-Friendly Toys

Date: December **17th-18th**

When: Lunchtime

Where: Grand Hall



10% of  
profits go to



TREATS AND TOYS  
STRAIGHT TO YOUR DOOR

# KRATES

BCSPCA **CHAMPIONS  
FOR ANIMALS**

# Ice Baskets

COME VISIT OUR BOOTH ON  
DECEMBER 17-18 @ LUNCH

FIND AFFORDABLE, TRENDY GIFT BASKETS FOR LOVED ONES

20% OF PROFITS GO TO THE TRI-CITIES  
TRANSITIONS SOCIETY



**Gift a Basket, Spread a Smile, Lift a Soul**

1 in 6 chance of winning a coupon to Faded Men's Club or Dairy Queen

FOLLOW OUR INSTA:  
@ICEBASKETS.HWSS



\*WE TAKE CREDIT, CASH  
AND ETRANSFER (12.99)\*



# GREENGUARD UMBRELLA COVERS



**CHRISTMAS  
SALE!!!**

**SELLING ON  
DECEMBER  
17<sup>TH</sup>, 18<sup>TH</sup> IN  
THE GRAND  
HALL AT  
LUNCH**



**KEEP THE  
WATER IN AND  
OUT OF MIND**



**SPONSORED BY:**

**10% OF PROCEEDS GO TO:**  
 **The People's Pantry**  
FOOD RECOVERY SOCIETY

**BROWNS**  
**SOCIALHOUSE**  
restaurant . bar . socialize



# HydroFusion

*dip into the future with HydroFusion*



**BUILD**  
**a BIZ KIDS**  
.com

**ONLY \$10-\$15  
DOLLARS**

**@HERITAGE WOODS SECONDARY SCHOOL GRAND HALL AT LUNCH  
FROM DECEMBER 17-18**





# Rooted Rings

EXPRESS YOUR  
INDIVIDUALITY!

BUY A RING!

SAVE THE  
PLANET!



Feel good about shopping with us  
knowing we support reforestation in  
partnership with One Tree Planted



\$5.00



**Meiga 美萬家**  
Supermarket

Sponsored by FreshSlice and  
Meiga

10% Profits toward One Tree Planted

**GRAND HALL DURING LUNCH  
DECEMBER 17, 18**

TIME OF SALE: DECEMBER 17-18/12:15PM

ECOFLAME:  
ORGANIC SOY WAX

10% PROFIT  
GOES TO



Environmental  
Youth Alliance

SPONSORED  
BY



# CANDLES

ON SALE IN THE  
GRAND HALL  
DECEMBER 17-18TH



SCENTED WITH ESSENTIAL OILS  
AND NATURAL INGREDIENTS



1 Purchase = 1  
Raffle Ticket!



 Grand Hall, December  
17th-18th @ Lunch

 @thekeychain\_co

BC  
Children's  
Hospital

**BSP**  
BICYCLE SPORTS PACIFIC